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POLICE WATCHDOG IS BEING UNDERMINED. OMBUDSMAN SAYS

{page 3}

BELGIANS GRIEVE QUESTIONS LINGER BUT TERRORISM EXCLUDED IN RAMPAGE (pages 14-15)



T-PAIN'S NOT HURTING **AUTO-TUNES HATERS**

> Thursday, December 15, 2011 www.metronews.ca



News worth sharing.





Two people dead after plane crash

Emergency workers eventually located the plane in a field near the new RCMP headquarters on Leikin Drive. Transportation Safety Board spokesman Chris Krepski says the plane's two occupants were found with fatal injuries after the Cessna went down last night.

City to critic: We're sorry you caught us spying

Spokesperson refuses to say how Gatineau got personal info on man who complained

The City of Gatineau apologized to a resident vesterday after he noticed city officials were investigating him after he complained about a controversial 16-point guide for new immigrants.

"It's a very unfortunate incident and the city addresses its apologies to Mr. Maghri on behalf of the employee," said City of Gatineau spokesperson, Alain d'Etremont. "This incident shouldn't have happened."

Kamal Maghri told CBC News he planned to file a complaint over the guide, which includes recommendations against cooking smelly foods and bribing officials among other tips on integrating into Canadian society.

"People should be encouraged to engage critically with what the government is doing."

ABBY DESHMAN, CANADIAN CIVIL LIBERTIES

Maghri said that he was mistakenly included in an email chain between city officials who had shared personal information about his finances and difficulty finding employment and the fact he'd arrived in Canada from Morroco after 9-11.

D'Etremont declined to comment on why the city initiated the investigation about Maghri's personal life. • JOE LOFARO

6 Mistakes to Avoid When Moving to a Larger Home



OTTAWA - A new reports has just been there are certain factors that can complireleased which identifies the 6 most common and costly mistakes that homebuyers make when moving to a larger home. Unlike the experience of buying a first home, when you're looking to move-up, and already own a home,

cate the situation. It's very important for you to understand these issues before you list your home for sale. Not only is there the issue of financing to consider, but you also have to sell your present home at exactly the right time in order

to avoid either the financial burden on owning two homes or, just as bad, the dilemma of having no place to live during the gap between closings. In answer to this issue, industry insiders have prepared a free special report entitled "6 Inside strategies to Avoid

Trade-Up Mistakes." These six strategies will help you put your home on the market in anticipation of moving to a larger home.

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Single Car Garage Home, The Fernhaven, Elev. 'C', 1,744 Sq.Ft. WAS \$356,990 NOW \$346,990 Move In February 23, 2012



Double Car Garage Home, The Springbanks, Elev. A', 2,514 Sq.Ft. WAS \$464,990 NOW \$444,990 Move In March 22, 2012



Double Car Garage Home, The Ferncliffe, Elev. 'A', 2,030 Sq.Ft. WAS \$381,490 NOW \$371,490 Move In April 10, 2012



Double Car Garage Home, The Oakriver Corner, Elev. 'C', 2,097 Sq.Ft. WAS \$412,890 NOW \$402,890 Move In April 19, 2012

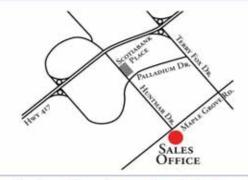


Single Car Garage Home, The Baycliffe, Elev. 'A', 1,517 Sq.Ft. WAS \$335,390 NOW \$330,390 Move In May 10, 2012



Double Car Garage Home, The Berrywood, Elev. 'A', 1,739 Sq.Ft. WAS \$364,890 NOW \$361,890 Move In May 3, 2012

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How the shooting of Ryan Charles played out

The Special Investigations Unit cleared all the Ottawa Police Service officers involved in the June 22 shooting of Ryan Charles and found that the incident occurred as follows.

Two officers stopped Charles after receiving information he was making loud threats that he was going to kill someone.

When police spoke with him, he pointed what looked like a handgun at them. Then he walked into an apartment building at 31 Van Lang Dr. Police radioed for backup.

Charles went into a small room containing the garbage chute on the ninth floor.

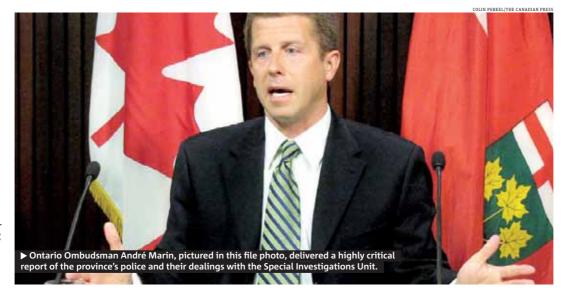
An officer approached the door, opened it and was confronted by Charles. The officer yelled out, "He's got a gun" and "Drop the weapon, drop the weapon."

The subject officer then discharged his firearm twice, striking Charles in his chest area. Charles survived.

The SIU found Charles' gun was a pellet gun, but it resembled a real firearm, so the officer was justified in using potentially lethal force after Charles refused to drop the weapon on his command. © IESSICA SMITH



For more local news visit metronews.ca/



Police watchdog being undermined: Official

• Special Investigations Unit conducts criminal investigations into police-civilian incidents involving serious injury, death or sexual assault



An Ottawa police officer shot Ryan Charles twice in the chest in June 2010 — but it's what happened afterwards that was wrong, according to a report released yesterday by Ontario Ombudsman André Marin.

Marin wrote in his report, Oversight Undermined, the provincial government has "actively undermined" its independent police watchdog — the Special Investigations Unit (SIU) — despite his calls to strengthen it with new legislation.

He puts some of the

blame on police, saying the decision not to pass legislation that would empower the SIU in its investigations of police conduct was "largely due to vehement police opposition."

In his report, Marin cited several areas of concern and used examples from many police forces to back them up, including the fallout in Ottawa from the 2010 shooting of Ryan Charles.

SIU investigators found the shooting was justified. However, SIU director Ian Scott said in a press release he was concerned because a lawyer for the police association had spoken with witness officers before the SIU arrived on scene and one of the cops noted the lawyer had "OK'd" his notes.

Marin wrote Ottawa police Chief Vern White expressed "considerable displeasure" over Scott airing that complaint in public and the assistant deputy attorney general called Scott personally to complain about the news release.

Marin cited the incident as an example of government "systematically" discouraging the SIU from publicly airing complaints about police not complying with its investigations and of police dismissing the SIU directors repeated concerns about lawyers vetting notes of officers involved in SIU investigations.

Marin wrote that officers notes are important to SIU investigations, and must be prepared independently and promptly, but in reality lawyers often vet them first in SIU cases.

White is currently on leave and was unable to respond to the report for this article. The Ottawa Police Professional Standards Section is in the process of reviewing the Ombudsman's report and will speak with Metro about it once the review is complete.





he Governor General is seeing to it that 'Eddy' will be the first EduZone mascot in space. Scan the code for the story.

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On the web at metronews.ca

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Advice you can bank on



Woman in bank video cleared

The release of a security video of an innocent woman doing her banking was not a mistake, Ottawa police say



Ottawa police have cleared a woman who was captured on a bank security video. "We've completely

"We've completely cleared her of any wrongdoing," said Detective Robert Reeve of the Ottawa Police Services East Division break and enter unit.

"I've spoken with her and she understands the circumstances."

Police circulated the woman's photo Dec. 7 in a release asking for the public's help cracking a

string of break-ins in the Blackburn Hamlet area.

Reeve said that after the woman was identified and police spoke to her they received new information that led to the arrest of two other people who were not related to the woman.

"We were looking to identify her," said Reeve, who would not comment on what the woman, who was just doing banking, thought of police circulating her picture and alleging erroneously that she was an "accomplice."

Reeve said the release of the woman's photo was

not a mistake, but that police needed to identify people on the security video.

A second photo police released of a man — also from bank security video — did in fact turn out to be one of the people police would eventually charge. A credit card stolen in one of the breakins was key to leading police to the video of the man.

Police charged Stephen Paquette and Christina Carson — a woman in her 20s — in relation to 40 residential break-ins in the Blackburn Hamlet area Tuesday.



Partners in priming for the holidays

The charitable program that sees police officers paired up with deserving kids on a sponsored \$200 Christmas shopping spree stems from a Halifax shopping centre program that began in 2005. Surratt said she was shopping for her brother and father.

Plasco gets 20-year city contract

City council approved a 20-year waste-to-electricityconversion contract with plasma gasification firm Plasco yesterday by a vote of 22-1.

"We want to support a home-grown company that's going to create jobs and offer a better way of disposing of garbage," said Mayor Jim Watson.

The only dissenting vote was from Somerset Coun. Diane Holmes. • JESSICA SMITH

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Thieving gets a gym workout

Someone breaks into a locker and steals a wallet and car keys Next, the victim's car is taken for a ride And then ... the helpless victim's credit card is used to buy \$5,000 worth of merchandise



Someone broke into a locker at a gym in Orleans and stole a wallet, car keys and the victim's car. Not only that ...

The suspect racked up \$5,000 worth of merchandise on the victim's credit cards at Future Shop.

And now Ottawa police are asking the public to help identify a man recorded on a security video.

Police said the locker theft occurred Nov. 26 at The Athletic Club at 3772 Innes Rd.



The vehicle was later recovered, said police.

A surveillance image shows a middle-aged white

man of average build, with light brown or reddish hair parted in the middle with a moustache and glasses.

He was wearing blue jeans with the pant legs rolled up and he carried a black leather bag, police

Anyone with information is asked to contact Const. Jason Degan of the Ottawa Police Service East Division Investigation Section at 613-236-1222, ext. 8597

You can also call Crime Stoppers at 613-233-8477 (TIPS) or toll free at 1-800-222-8477.



A teenager was taken to hospital with serious but non-life threatening injuries yesterday afternoon after a stabbing in Barrhaven, police

Police received a 911 call about 3:37 p.m. and responded to the 100 block of Malvern Drive near John McCrae Secondary School and Jockvale Elementary School.

Four teenagers aged 15 to 17 were involved in an altercation, police said.

Two of the teens sustained minor injuries.

Meanwhile, Ottawa police warned vesterday they are seeing an increase in swarmings.

In 2011 so far, swarmings have increased by 20 per cent over the same period in 2010, police

METRO



Art takes to the street

Gallery owner Patrick John Mills enjoys painting in the open air, and on the spur of the moment, invited some 500 friends on Facebook to join him yesterday. Two fellow artists took him up on his offer. Now he hopes to hold more art meet-ups — in the open air or at his gallery at 286 Hinchey Ave.





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ROYAL TRIP

Charles, Camilla to visit Canada

The Prince of Wales and

the Duchess of Cornwall will visit Canada next May as part of a year-long celebration leading up to the 60th anniversary of the Queen's coronation, the federal government announced yesterday.

Prince Charles and his wife, Camilla, will tour New Brunswick, Ontario and Saskatchewan during the trip.

Earlier in London, Buckingham Palace an-

nounced that the couple will also visit Australia, New Zealand and Papua New Guinea.



Shopping, e-games: Your taxes at work

The Aboriginal Affairs Department called in an auditor after one of its managers went on a wild, taxpayer-funded shopping spree, new documents show. A bureaucrat in the Northwest Territories charged tens of thousands of dollars to government credit cards.

When the misbehaving manager got caught two and a half years into her splurge, she was nearly \$40,000 in the hole.

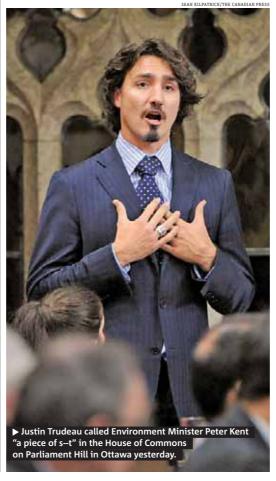
"Her actions were not impulsive and/or compulsive. They have been found to be premeditated," says a briefing note to top officials. THE CANADIAN PRESS

What she bought

Purchases included:

- \$4,000 on an online game called Second Life.
- A trip to Las Vegas in February 2010, where the woman and her husband spent five nights at the Circus Circus hotel and casino at a cost of \$2.000.
- Purchases at Walmart, Northern Fancy Meats and Staples.
- Almost \$100 for pizza.
- Cellphone and cable bills.
- On the long list of expenses, only a \$27 book on how to use PowerPoint was for work.

Trudeau apologizes after swearing at Kent



Unparliamentary language causes uproar in Commons

His father claimed to have only mouthed "fuddle duddle" during a heated Commons exchange, but a colourful outburst by Justin Trudeau during question period is leaving no room for confusion.

The Liberal MP was heard quite clearly to have called Environment Minister Peter Kent a "piece of s-t," causing a momentary uproar in the House yesterday.

Kent had just finished telling his NDP critic Megan Leslie that she was ill-informed about a recent climate-change conference because she hadn't attended. But the government had prevented opposition MPs from being part of the official Canadian delegation

Following question period, Trudeau rose immediately to apologize.

"I lost my temper and used language that was most decidedly unparliamentary and for that I unreservedly apologize and withdraw my remarks," he said. Kent said he wasn't troubled by the language,

Expletive

- It has been a foulmouthed season on Parliament Hill.
- New Democrat MP Pat
 Martin recently used an expletive on Twitter when
 the government limited
 debate on its budget bill,
 and interim Liberal leader
 Bob Rae referred to "bulls—
 t" in response to a
 negative tweet by another
 Liberal.

but asked that Trudeau apologize to the House of Commons. New Democrat Ryan Creary also got into trouble over language after he called a cabinet minister a "bully."

Speaker Andrew Scheer suggested he withdraw the comment, but he refused.

"The minister of fisheries and oceans asked a question, he asked this House whether he looked like a bully," Creary said.

"I merely answered his question. I would answer his question the same way if he asked it again."

THE CANADIAN PRESS







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15





Birds drown in parking lot

CRASH LANDING. Thousands of birds died on impact after apparently mistaking a Walmart parking lot and areas of southern Utah for bodies of water and plummeting to the ground in what one wildlife expert called the worst downing she's ever seen.

THE ASSOCIATED PRESS

Google works to end slavery

RECORD GRANT. Tech giant Google announced

yesterday it is donating \$11.5 million to several coalitions fighting to end the modern-day slavery of some 27 million people around the world.

It is believed to be the largest-ever corporate grant devoted to the advocacy, intervention and rescue of people being held, forced to work or provide sex against their will. THE ASSOCIATED PRESS

Freak accident kills woman

DEATH BY DRAGGING. A woman was killed in a freak elevator mishap yesterday around 10 a.m. in a 26-storey office tower near Grand Central Terminal. The woman was stepping onto the elevator on the first floor when either her foot or leg became caught in the closing doors. The car then rose abruptly, dragging her body into the shaft and killing her, officials said. THE ASSOCIATED PRESS

Police shave, arrest punks to teach lesson

Muslim hardliners cut off mohawks of rock fans to enforce moral values Police crack down on 'disgusting' lifestyle

Police in Indonesia's most conservative province raided a punk-rock concert and detained dozens of fans, buzzing off their spiky mohawks and stripping away body piercings because of the perceived threat to Islamic values.

Dog-collar necklaces and chains were taken from the youths before they were thrown in pools of water for "spiritual" cleansing, local police Chief Iskandar Hasan said yesterday.

After replacing their "disgusting" clothes, he handed each a toothbrush and barked "use it."

The crackdown marked the latest effort by authorities to promote strict moral



shaved in Aceh Besar, Aceh province, Indonesia

values in Aceh, the only province in this secular but predominantly Muslim nation of 240 million to have imposed Islamic laws.

THE ASSOCIATED PRESS

Police story

- Baton-wielding police scattered fans, many of whom had travelled from other parts of the sprawling archipelagic nation to attend the show.
- Police said 59 young men and five women were loaded into vans and brought to a police detention centre.
- ▶ They would spend 10 days getting rehabilitation, training in military-style discipline and religious classes, including Qur'an recitation, police officials said. Afterward, they'll be sent home.
- While the men's heads were shaved, the women, some in tears, were given short. blunt bobs.





Cyber-hate fuels free-speech debate

Human-rights law under review, pitting advocates against defenders of free speech

A section of Canada's human-rights code that protects against hate speech on the Internet is under attack on two fronts just as three accused neo-Nazis in British Columbia face charges of vicious, racist assaults.

An appeal got underway in Federal Court in Toronto this week scrutinizing Section 13 of the Human Rights Act, which says it's discriminatory to spread hate messages online. The case pits human-rights advocates against defenders of free expression.

Meanwhile, federal Tories are seeking to kill the provision via a private member's bill in the House of Commons.

But those who keep an

Hate on the rise

The Internet now disseminates the racists' rallying call, said Richard Warman, one of three parties in the appeal case. He contends Section 13 must stay intact.

Statistics Canada found Canadian police forces reported a rise of 42 per cent in hate-based incidents in 2009, as compared to 2008, and more than half were based on race.

eye on incidents of hate are worried that if those provisions of the act are killed, Canada could see more incidents like the setting on fire of a Filipino man in Vancouver.

Police recently announced the arrests of two men in their 20s and a 30vear-old in connection with that assault and three others against minorities in Vancouver. Investigators allege the trio are members of Blood and Honour, a white-supremacist group.

Other proponents of free speech want the law axed.

"The best defence against so-called 'hate speech' is not government enforcement of vague prohibitions, but an educated and alert citizenry and vigilant and responsible me-Charles Foran, dia," president of PEN Canada, said in a news release.

THE CANADIAN PRESS



Comfort women demand apology

Protesters in Seoul placed a statue of a girl representing victims of Japanese Second World War-era sexual slavery in front of the Japanese Embassy yesterday as South Korean President Lee Myung-bak prepared to visit Tokyo.

Fraternity under investigation

A University of Vermont fraternity has been suspended while officials investigate allegations that it

circulated a survey that asked members who they would like to rape.

Members of the Ver-

mont chapter of Sigma Phi Epsilon would not discuss the allegations. THE ASSOCIATED PRESS

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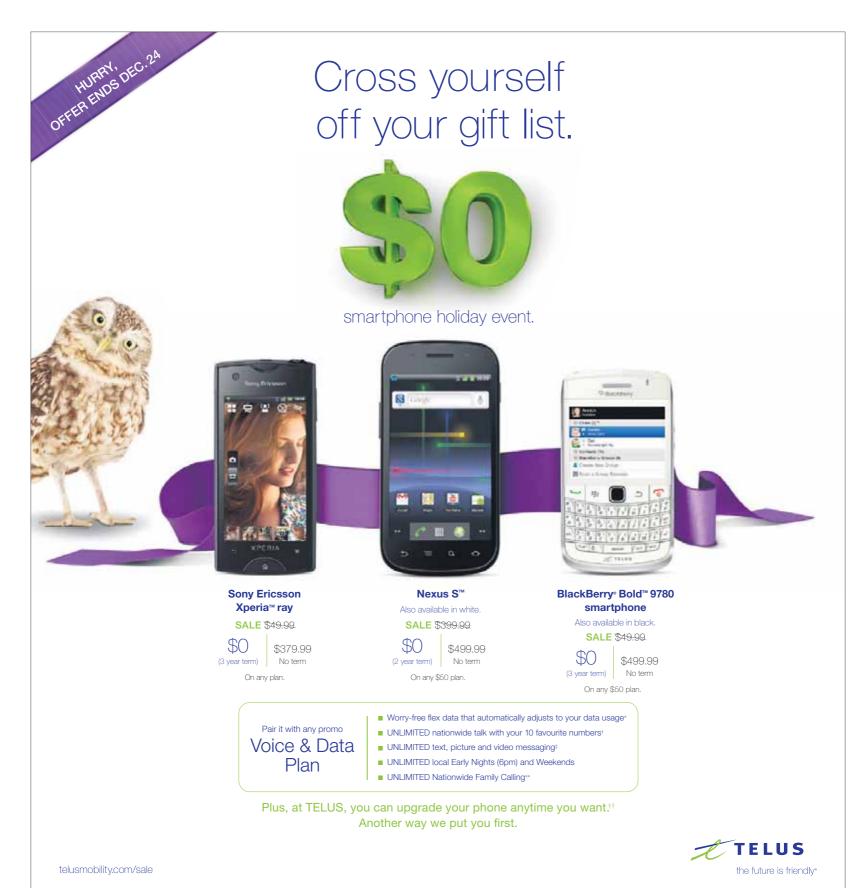
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Belgians grieve after bloodbath

• Government pledges to toughen gun law, put stricter controls on multiple offenders on conditional release

A card at a memorial to the victims asked the question haunting all of Belgium: "Why?"

Why did Nordine Amrani, a 33-year-old with a history of lawbreaking, sweep into this city's holiday shopping centre to unleash a grenade-and-gun rampage that killed three people and wounded 123 others? Why did he then kill himself?

Deepening the mystery, police announced yester-day that another body had been found, that of a 45-year-old woman, in a shed where Amrani grew cannabis close to his home.

Liege prosecutor

"We are all Liegeois, united in suffering.... This was an act of a sick man."

ADELIE MIGUEL, 48, WHO PLACED A
BOUQUET OF WHITE TULIPS
AGAINST THE SHATTERED BUS STOP

Daniele Reynders said, after searches of Amrani's house, terrorism could be excluded.

"It was a cleaning lady. This is how she met him yesterday morning," she said. "She dies, shot with a bullet in the head."

The Ferris Wheel at Liege's Christmas market started turning again yesterday, hoping to restore some festive cheer, but the mood remained black as the coal that once drove this rust-belt city in eastern Belgium.

"The crowds won't show up," said Francoise Robert, a vendor selling miniature castles and Christmas items. "People are scared."

The victims included a one-year-old toddler and two teenage boys, both students.

Five others are reported in critical condition.

Beyond the dead and injured, Reynders said 40 other people had to be treated for psychological trauma. THE ASSOCIATED PRESS





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One in four women abused in U.S.

One in four U.S. women say they have been hit hard, kicked or otherwise violently attacked by their intimate partners, according to a government survey released yesterday that offers startling findings about domestic violence.

The new national look at how many women say they've been abused offers some numbers that are higher than previous reports.

One expert called the Centers for Disease Control and Prevention's report's estimate on rape and attempted rape "extremely high" — with one in five women saying they were victims. About half of those cases involved intimate partners. But advocates say rape has been vastly underreported in the past and the new numbers are plausible.

THE ASSOCIATED PRESS

Violence

The Centers for Disease Control and Prevention report is based on a randomized telephone survey of 9,000 women.

As many as 29 million women say they have suffered severe and frightening physical violence from a boyfriend, spouse or other intimate partner. That

- includes being choked, beaten, stabbed, shot, punched, slammed against something or hurt by hairpulling.
- That number grows to 36 million if slapping, pushing and shoving are also counted.
- Almost half of the women who reported rape or attempted rape said it happened when they were 17 or younger.





Shafia son ends day with hug request

• After testifying on behalf of parents accused of murdering sisters, youth asks judge permission to hug parents • Crown accused man of lying to officials

After a lengthy cross-examination during which he was accused of conspiring with his family to fabricate alibis, a son of a couple accused of killing their three daughters finished his testimony by asking for a hug.

The son of a Montreal couple accused along with their other son of committing honour killings, testified this week for the defence at the Shafia family murder trial and was subject to more than a full day of cross-examination.

Crown attorney Gerard Laarhuis suggested that the son, who can't be named due to a court order, has lied to and manipulated authority figures before and may not have been telling the truth on the stand, saying his memory seems to be

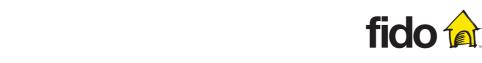
selectively improving to remember details that help his parents and brother.

Tooba Yahya, 42, her Mohammad husband Shafia, 58, and their eldest son, Hamed, 20, are charged with four counts of first-degree murder. They have each pleaded not guilty. They're accused of killing sisters, Zainab, 19, Sahar, 17, and Geeti, 13,

along with Rona Mohammad, 52, Shafia's other wife in a polygamous marriage, over family honour.

Moments later, after the judge told him he could step down, the son asked Judge Robert Maranger if he could hug his parents to which Laarhuis referenced ongoing discussions and said, "Now's not the time." THE CANADIAN PRESS





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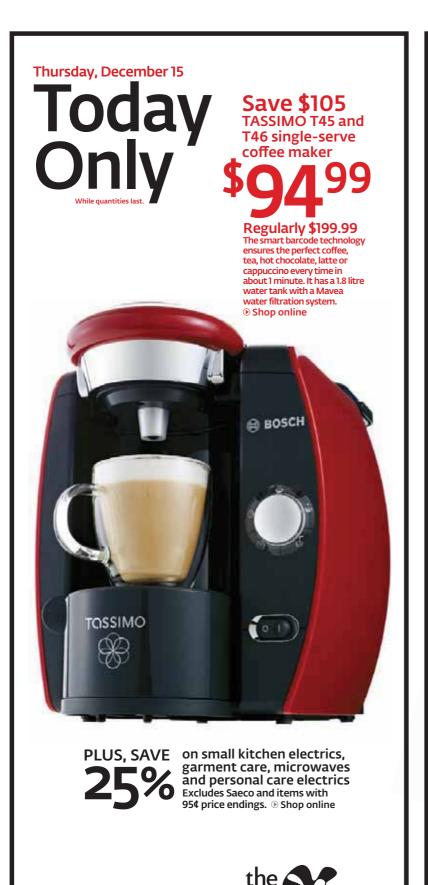


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News in brief

Toyota Venza on top for theft

CAR CRIME. Bad news for Toyota Venza owners the 2009 edition of the crossover SUV is the new hot target for Canadian car thieves.

The model tops the Insurance Bureau of Canada's top 10 most frequently stolen vehicles. It replaces the 2000 Honda Civic SiR, last year's No. 1 stolen vehicle, which has dropped to third place.

In at second is the 1999 Honda Civic SiR two-door, while the 2006 Ford F350 Pickup Truck 4WD takes fourth place and the 2002 Cadillac Escalade EXT four-door AWD is in fifth place.

The ICC says high-end vehicles are often targeted by criminal organizations that strip them for parts or resell them to unsuspecting consumers. THE CANADIAN PRESS

Canadians watch more online

VIDEOS. Every day, the average Canadian Internet user spends about an hour watching 10 videos online, according to measurement firm com-Score. Once again, com-Score named Canadians as the most avid viewers of online video, with users aged 15 and older watching an average of 303.7 videos in October. This amount has doubled since October 2010. THE CANADIAN PRESS

Easier to connect with Westlet

AIRLINES. WestJet Airlines Ltd. has signed an interline deal with Japan Airlines making it easier for passengers to connect between the two airlines. Travellers will link from Japan Airlines flights landing in Vancouver, and then connect to WestJet flights within Canada. THE CANADIAN PRESS

Mobile banking ready to rise

Nearly 3 million Canadians are checking balances via their phones

Most Canadians still aren't pulling out their phones to check their bank account balances and pay bills but experts and users alike expect a whole lot more will be doing so in 2012.

definitely "We there's been humongous growth on the banking front on the phone platform," says Bryan Segal, vice-president of the digital measurement firm com-

Canadians are among the world's leaders when it comes to embracing online and mobile banking, according to comScore. Last year, Canada ranked as the top country for online banking usage, with almost 65 per cent of our Internet users going on the web



each month to check their accounts.

More recently, comScore estimated there were about ▶ A smartphone user tracks ge payments with an online banking app from CIBC.

13.3 million Canadians regularly doing online banking, compared to 63.6 million in the U.S.

Segal says about 13 per cent of Canada's mobile users access their banking on their phone on a month-

ly basis, which is roughly on par with the U.S. market and ahead of the EU. According to a Canadian Wire-Telecommunications Association survey, the biggest concern is security. THE CANADIAN PRESS

Norway struggles to butter it up this Christmas

Canada's

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> **Land Title** Searches

Authentication & Legalization (Apostille)

High demand for butter used in traditional Norwegian Christmas dishes has caused a big shortage, lead-

ing the government to

slash import duties on the cherished product.

Butter consumption has steadily increased in the Scandinavian country this year, partly because of the nation's increased popularity of low-carb but fat-rich diets. Growth in demand peaked at more than 30 per cent last month, compared with November 2010.

That has caused empty shelves nationwide. THE ASSOCIATED PRESS

Witness 'pretty sure' Murdoch was aware of hacking

A former top lawyer for Rupert Murdoch's British newspapers insisted yesterday that he told the mogul's son there was evidence of widespread phone hacking more than three

years before the scandal.

Tom Crone questioned claims made by James Murdoch — chairman of News International, the British arm of his father's media empire — that he had not been fully informed that hacking was rife. Crone told Britain's media inquiry he was "pretty sure" that he showed Murdoch an email that included transcripts of illegally

intercepted voice mail messages in 2008. News International insisted the illegal accessing of the voice messages was confined to reporter Clive Goodman. But in July, the tabloid was closed amid public outrage over the disclosure that reporters had hacked the phone of a missing schoolgirl, Milly Dowler, who was later found murdered.

Canadians cushioned for gift-giving: TD

TD Canada Trust says Canadians have built up a financial cushion for the holidays. The bank says a recent survey suggests 53 per cent were setting aside at least 10 per cent of each paycheque. THE CANADIAN PRESS



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IGNORING KYOTO, ONE LESS COUNTRY AT A TIME

HF SAYS ...

JOHN MAZEROLLE

I, for one, was inspired by the
Kyoto Protocol, which ushered
in a bold new era in which
countries throughout the
world put aside their
differences and worked
together to ignore the Kyoto Protocol.

It's rare you see that kind of teamwork outside of arms deals.

The Conservatives pulled Canada out of Kyoto this week, and it would be easy to mock them (fun, too), but this is a failure we all share in.

When the Kyoto deal was signed in 1997, we talked about the deal as if something really exceptional had happened that would unite humanity — like the end of nuclear weapons or a Saved by the Bell reunion special.

"Global warming is too slow, too subtle for humans. Us rats, we don't understand risk-reward if the electric shock comes decades later."

We were breathlessly told that we'd be able to breathe again, all thanks to 160 signatories sending the amount of greenhouse gases back to the halcyon days of the 1980s.

The U.S., showing its usual world leadership, got the failure started when George W. Bush said the protocol was "economically irresponsible" — a description that looked a little short-sighted when New Orleans did its

imitation of the SpongeBob SquarePants mise-en-scène. At the time, Canada took its usual official diplomatic position toward the U.S. of being smug. According to WikiLeaks, Paul Martin's official cable to the U.S. was "Tsk, tsk, tsk," Canada's greenhouse-gas record was as bad

as America's but we left that part out, as one does.
Some blame goes to the accord's writers, too: We should have known Kyoto was doomed as soon as we heard there were environmental "credits" that could be used to offset actually helping the environment — a sort of frequent-polluter points card. Getting out of pollution standards because you are planting trees, say, seems to me like getting out of a speeding ticket in the morning because you plan to drive under the speed limit in the afternoon.

Finally, of course, there's you. Did you do anything worthy of an environmental award since 1997? Recycling and composting only gets you a Certificate of Attendance.

Global warming is too slow, too subtle for humans. Us rats, we don't understand risk-reward if the electric shock comes decades later.

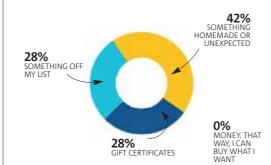
I'm still hopeful. Everyone seems to value the environment, even if they weren't on board for Kyoto. One-hundred-and-sixty countries failed in Japan, but it could be different now. If we really believe, we could get 190, maybe 200 countries on the road to probable failure this time. When it comes to world diplomacy, this is progress. (Deep breaths, everyone. Deep breaths.)

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at metropolitanpanel.ca and take the quick poll

What type of gift do you prefer to receive?



Local tweets



▶@nuisance_ beaver: oh justin, remember lessons of

your father pierre. never apologize, just say it was fuddle duddle. #trudeauheritage #wouldmakehisfatherproud

- @TondaMacC: Ok, much ado in gallery to Kent's retort that Megan Leslie shld've bn in Durban. Someone said "u piece of s-t"
- @stephen_taylor: Looking forward to Justin Trudeau's anti-bullying video

#cdnpoli

- @kitchissippikid: @justinpjtrudeau Nothing partisan, but the language doesn't impress.
- @PWAMenear: @justinpjtrudeau I realize you had to apologize for the breach of decorum...still, good for you! Peter Kent's an ass and a bully.
- ▶ **@CDHilton:** Is it possible that @justinptrudeau understands #cdnpoli better than most and just got an afternoon of free media on the environment?



U.S. leaving Iraq via Kuwait route

KUWAIT. U.S. army soldiers from the 1st Cavalry Division walk to a waiting bus as they leave customs for a ride to the airport to fly back to Fort Hood, Texas. They exited Iraq yesterday at Camp Virginia in Kuwait City. President Obama is meeting Iraqi Prime Minister Nouri al-Maliki to ceremonially mark the end of the war.



"On behalf of a grateful nation, I'm proud to finally say these two words — welcome home."

BARACK OBAMA TOLD CHEERING TROOPS AT FORT BRAGG, NORTH CAROLINA

150,000

American troops were present in Iraq when Obama took office. Within 15 days, there will be zero left. Some 4,483 U.S. soldiers have died in Iraq since the conflict started, while nearly 30,000 have been injured. The Iraq war cost the U.S. approximately \$1 trillion.

America's most famous division

FIRST TEAM. The 1st Cavalry Division contains over 18,000 soldiers and is regarded as the most famous heavy-armoured combat division in the American army. The unit has been deployed in Korea, Vietnam, Operation Desert Storm, Yugoslavia and the war in Afghanistan, also known as Operation Enduring Freedom.

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film Citizen Kane

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highest bidder.

Auctioneer Nate

D. Sanders plans

to sell the Oscar

statuette on Dec.

THE ASSOCIATED PRESS

Iolmes' sequel resurrects grand dad of super-villains Moriarty

Scratch beneath the Vinyl

Stuart McLean, host of radio program The Vinyl Café, taping shows in Ottawa this weekend

BACKSTAGE PASS

JEN TRAPLIN METRO OTTAWA



Canadian storyteller and bestselling author Stuart McLean brings his

hugely popular CBC Radio show to life here in the Nation's Capital this weekend.

McLean, who recently released his ninth book, Vinyl Café Notebooks, will be taping shows at the National Arts Centre for future broadcasts.

As part of The Vinyl Café Christmas Tour 2011, audiences can expect lots of new stories as well as music by Juno Award winning musician Hawksley Workman and The Vinyl Café Orchestra.

"It's the stage version of the radio show, but bigger and better," explains McLean in his friendly and familiar voice. "As well as the stories and the music, there are other fun things that we can only do on stage that we can't do on the radio."

As host of The Vinyl Café, McLean has captivated audiences across Canada since 1994 with his insight into music, unique essays and tales of Dave, a record store owner, and his wife Morley.

About half the shows recorded for The Vinyl Café every season are

Details

Find out about the event and where you can participate.

- When: Saturday at 7 p.m. and Sunday at 2 p.m. and 7 p.m.
- Where: National Arts Centre (53 Elgin St.)
- ▶ Price: Tickets from \$35 through the NAC Box

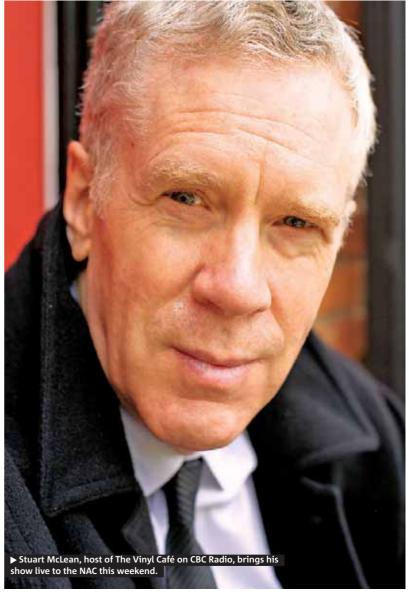
taped live on the road and often start with commentary about the host city.

When it comes to Canada's Capital, McLean, who admits he has a great respect for the Parliamentary institution, has nothing but good things to say.

"I come to Ottawa and I immediately start thinking of the country as a whole," he says. "I see the bigger part of Canada in Ottawa; the town embodies that. So when I go skating on the Canal, I think of the Prairies. When I stand in front of the Commons, I think of the West Coast. When I listen to the English language mingling with French, I think of our cultural heritage."

And that, he says, makes the Capital a great fit for his radio show.

"I love coming to Ottawa because, really, it's the perfect town for The Vinyl Café to be in," boasts McLean. "I think it represents the best of Canada."





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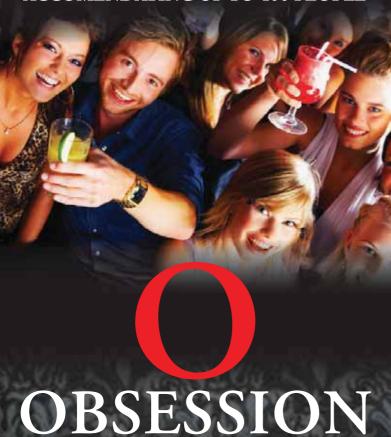
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Saving victims to biting them

Chris Meloni, who ended 12-year run on Law & Order, to join HBO's vampire drama True Blood Try a taste

HBO says Law and Order veteran Chris Meloni will be sinking his teeth into a role on vampire drama True Blood.

metr

The network confirmed yesterday that Meloni will be joining the popular series as an ancient, powerful vampire who controls the fate of the show's major characters.

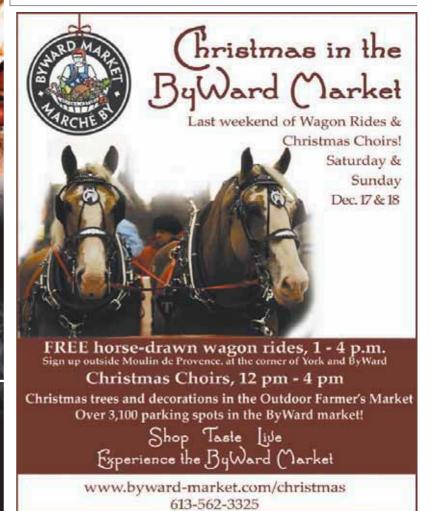
The series' fifth season is expected to air next summer. Its stars include Anna Paquin and Stephen Mover.

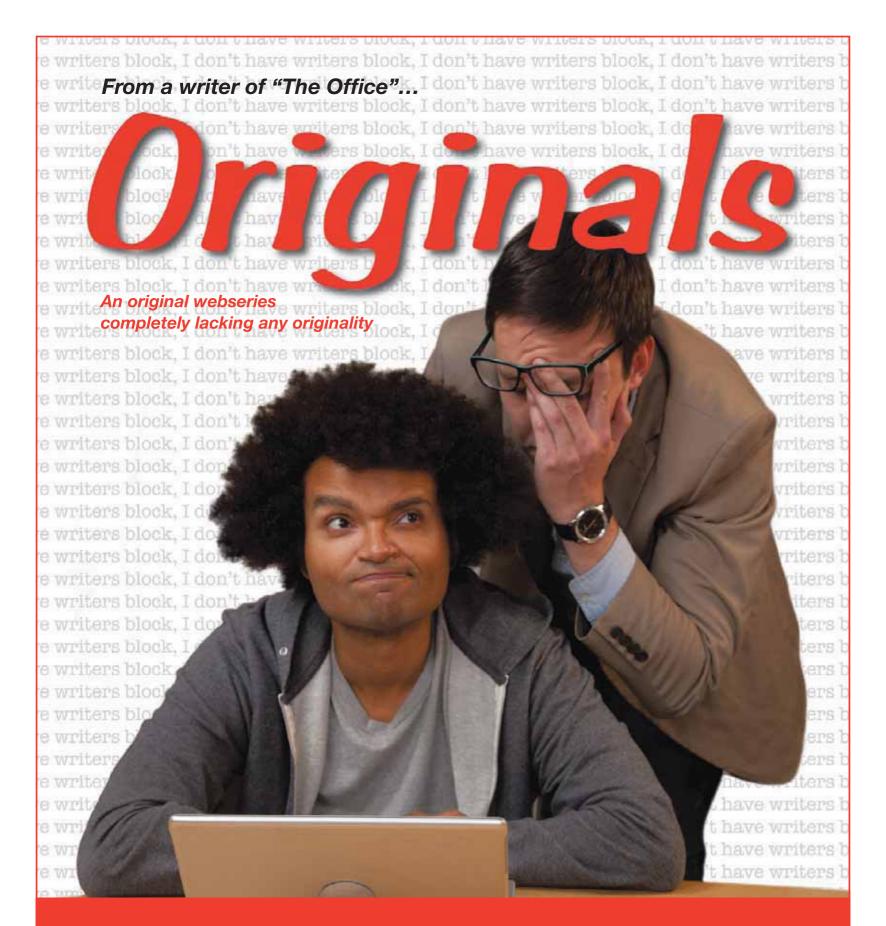
Meloni recently ended a 12-year run on NBC's Law & Order: Special Victims Unit, where he played Detective Elliot Stabler.

Before that, the 50-year-



old actor was a regular as a bisexual inmate on HBO's gritty prison drama, Oz. THE ASSOCIATED PRESS





In today's episode..."Can't Live Without 'Em"

As originality continues to elude our TV big-shot wannabes, Jason and Bryce decide the only way to the promised land of a 'green lit' project is to swear off women... not that the women will notice. Or will they?



Dirt off your shoulder

T-Pain brushes off his critics with laughs and lots of hits

T-Pain knows that whatever he does — including his latalbum, rEVOLVEr, which he calls the best record he's ever done there will be people who will just dismiss him as that Auto-Tune guy.

It doesn't bother him though. While it may be a blow to his ego, he soothes the slams with his everhearty laugh - and a glance at his chequebook.

"Say what you wanna say I'm still rich," he said, chuckling while sitting in his tour bus.

"It's not going to change anything.

Indeed, nothing seems to have derailed the 27year-old singer and producer and his hit-making magic since he made his debut with songs like I'm Sprung and I'm N Luv (Wit a Stripper) in 2005. Those songs started a platinumchain reaction of hits, including Buy U a Drank, Can't Believe It and Good Life with Kanye West, which earned him one of his two Grammy Awards.

His reliance on Auto-Tune, the vocal aide that

"Say what you wanna say — I'm still rich." T-PAIN

gives a computerized effect to his voice, became his signature sound. Its use grew so ubiquitous with other acts that it sparked a back-

Jay-Z famously declared D.Ö.A. (Death of Auto-Tune), but it still thrives. In fact, T-Pain's app that lets people add that effect to their voice is a popular one.

Speaking last month on the night of his final concert as the opening act for Chris Brown's F.A.M.E. tour, T-Pain was weary as he waited for his moment onstage. But through laughs, he had enough energy to talk about his latest album, his critics and the truth in his music.

Have you ever considered not using Auto-Tune because of all the criticism?

No. It made me do it more. just to annoy the hell out of people (laughs). ... It made me realize that when I

don't use it, people don't pay attention to them songs. I've got a song on biggest hit song I had, the longest-running song was Flo Rida's Low, and that did-





Auto-Tune. It's weird. I don't know (laughing).

How have you grown performing in the spotlight, dealing with criticism?

Most of the blogs and stuff, it's just their opinion. It's just that one person. They didn't ask anybody else how they felt. ... It's just their opinion, and I can ask anybody that. It doesn't have to be a journalist. I can just go on Twitter and say, "Hey guys, how did I do tonight?" (Laughs.) That's what I look to, I look to the people who actually came there for a concert, and not somebody who came there looking for some bad stuff to say, because that's what's interesting, that's what makes your blog interest-

Does this record represent a different T-Pain?

It's a really different T-Pain. It's a more confident T-Pain on the album, but I'm like scared. I don't know what to do. I don't know how this is gonna work out. This album is really good, though. It's so good that I went back just to listen to all of my other albums, and I was like, I don't know why I thought people would like that. It's bad. It's like, such a difference.
THE ASSOCIATED PRESS

'We both actually cried while writing the song'

www.21Iontario.ca

Miranda Lambert is paying tribute to husband Blake Shelton's late brother with her new single, Over

Richie Shelton died in a car accident in 1990. The newlyweds wrote the song together about a year ago, and Lambert recorded it for her latest album Four the Record. It is the second single released from the album.

The song idea started on a tour bus as they were flipping through TV chan-

Shelton's Backstory happened to be re-airing on Great American Country (GAC), and it was at the part where his dad was talking about his brother's fatal crash. His father said: "You don't ever get over something like that. You just get used to it."

The couple turned the

TV off and started talking.

"Miranda never had a chance to meet my brother," Shelton said recently. was just a teenager when that happened. So I was telling her about him, what he was like, and we just ended up like we do sometimes, writing a

Richie was only 24 when he died. Shelton was 14 at the time.

This was the first time Shelton, now 35, really opened up to Lambert about the tragedy.

"We both actually cried while writing the song," said Lambert, 28.

"That's the only time I've ever gotten that emotional writing a song, and him, too. So, I think the initial emotion came out right that day, and I think you hear it in the lyrics."

Some of the lines are



"That to me, that's what I'm supposed to do as a country artist, a country songwriter, is take a real-life situation that is emotional and make it into music."

BLAKE SHELTON ON THE SONG OVER YOU

pulled directly from Shelton's experience. Lambert "Your favourite records make me feel better, cause you sing along with every song. I know you didn't mean to give them to me.'

'That's one of the things I got when my brother was killed. The family gave me all his aland things like bums that," Shelton said.

"I just listened to them

over and over again to feel like he was there.'

Shelton said Richie loved all kinds of music, from Hank Williams Jr. to MC Hammer.

He still has his brother's No Fences album by Garth Brooks and says Richie's favourite song at the time was Friends In Low Places.

The songwriting process helped Lambert and Shelton grow as a couple. Lambert calls it the most real song she's ever

"It was really a great moment between us. It was like we moved to a deeper level, not just in our relationship, but also, we respect each other as artists, and being able to write something that personal with each other was really cool," she said.

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Celebrity tweets



ok so i

think i'm

efoo going with the video xmas card,ok family lets get this done in the next week or so, will keep you guys posted!



ing my witter name isn't a

chang-

priority right now. sorry it bothers so many of u. should I not tweet until I do?does it really matter?





differently for Christmas.

Our manger scenes are typically set in a Chinese restaurant.

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LiLo bails on Ellen, 'delayed in Hawaii'

◆ Star cancels spot on talk show ◆ Producers score Paris Jackson instead

THE WORD

DOROTHY ROBINSON



Remember that "exclusive" interview Lindsay Lohan was going to do on Ellen — the only media appearance she agreed to do to

promote her new Playboy magazine spread? Well, she missed it. Of course she did!

Her rep says the reason she didn't make the show was because she "was delayed in Hawaii due to a travel-related issue. Lindsay offered to tape Ellen tomorrow, but the show was unable to shift things around, and tomorrow is their last day of taping for the season." The show's producers are less than pleased, according to Gossip Cop. "Not a call or an apology from



Lindsay," a source close to the show says.

However, the producers scored a coup de grace and got Paris Jackson (Michael Jackson's oldest child) to fill in for Lohan in her first solo

appearance, television which will air on Thursday. The 13-year-old talked about her new film role in the fantasy film Lundon's Bridge and the Three Keys. She says her decision to act was due to her father. "My dad was in the movie Moonwalker and I knew he could sing really well, but I didn't know he could act. I saw that and I said, 'Wow, I want to be just like him."

Angie still loves her some Brad

While six kids may seem like plenty, Angelina Jolie and Brad Pitt aren't necessarily done building their

"Nothing planned at the

moment, but we just don't know," Jolie tells Marie Clare magazine.

"I could end up pregnant.'

In the meantime, she's

got plenty of nice things to say about the man in her

"[Brad] has expanded my life in ways I never imagined. We built a fami-

"He is not just the love my life, he is my family. I hold that very dear," Jolie says.

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Crown's jewel shines

• A daughter of design royalty and goddaughter of true royalty sparkles with many talents



India Hicks hasn't drifted far from the flashbulbs since she was thrust into the global spotlight three decades ago as a teen bridesmaid in Charles

and Diana's royal wed-The goddaughter of the Prince of Wales earned a degree in photography before moving in front of the lens as sought-after model. featured by the likes of Ralph Lauren, Banana Republic and Bill Blass.

The London-born Hicks



makes her home in the Bahamas with partner David Flint Wood and their four children, but continues to expand her brand.

She has launched an e-commerce arm of her island lifestyle boutique The Sugar Mill, has teamed with Crabtree and Evelyn on two collections bath and beauty products and penned a book on inspirational interiors and another on fitness and natu-

> ral beauty. Her foray into designing fine jewelry seems a

"We may have had a tricky relationship because he was quite a tricky chap, (but) a brilliant designer and a fasci-nating person," Hicks said in an interview last week

"As a father, he was a perfectionist and he had a

"I recognize in myself a lot of my strengths have come from him and indeed the way I decorate. Whether it's interiors, whether it's a collection of fragrances or whether it's fine jewelry."

INDIA HICKS ON HER FATHER, RENOWNED DECORATOR AND DESIGNER DAVID HICKS

fitting addition to Hicks' style-centred resumé and reflective of her rich pedi-

Indeed, family played a figurative role in the decision to put her stamp on a signature jewelry collection perhaps most notably her father, the late David Hicks.

The renowned interior decorator and designer was known for his strong use of colour and geometric designs in carpets and textiles, and his signature esthetic is where Hicks draws inspiration for her creations.

in Holt Renfrew's offices.



very strong point of view on how things were going to be done. So there were definitely times as a child where it was intimidating and life could have possibly been a little more relaxed on occasion.

"But nevertheless, I recognize in myself a lot of my strengths have come from him and, indeed, the way I decorate. Whether it's interiors, whether it's a collecof fragrances or

Thank you India

Hicks aces accessories:

- The Hicks on Hicks collection of sterling silver and diamond pieces features her father's famous hexagonal pattern with a modern, architectural influence seen in cuffs, earrings. necklaces and statement rings.
- Her sea-inspired Island Life collection includes starfish wrap cuffs and rings, fishtail earrings and shimmering shell-shaped pendants.



whether it's fine jewelry, there's a lot of influence from my father."

Her mother is Lady Pamela Hicks, daughter to the Earl and Countess Mountbatten of Burma.

Hicks took part in an instore meet-and-greet with customers at Holt Renfrew's downtown flagship store last week where her jewelry collection will be carried exclusively in Canada.

The 44-year-old said there's much more she'd like to tackle in the style domain, but she wants to ensure she maintains her responsibilities balancing motherhood with work.

She also seeks to be prudent in lending her name and energy to a project she sees as having longevity.

"You want a collection that, firstly, you know is going to stand the test of time, you know is actually a good product, you know will have an audience that will be willing to buy it and invest in it and follow you," she said. THE CANADIAN PRESS



Gift pick

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Poppy Rings Kathryn Rebecca





Warm winter wears

Surprisingly warm days in winter are now the norm ◆ Solve the whatto-wear dilemma with a simple tunic dress and furry sleeveless coat







tunic \$90, €70, zara.com

2 ASOS

faux fur vest €81, \$110, asos.com

3 REBECCA MINKOFF

chain link purse \$250, shopbop.com

4 GARLAND

pointed court shoes \$130, topshop.com





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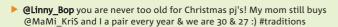
Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:

When my kids were small I gave them cozy new flannel pj's every xmas eve so they'd be wearing them xmas morning. What will YOU be wearing?

- @toniaantonietta: Wow, I gave both my girls the same thing. Now, in their twenties what do I give them?
- @Jeanne_Beker: My girls are in their 20s too. Think I'm going to revive the tradition!!
- @patricktustin: I want to find a flannel one-piece that will fit my 6 foot frame hahaha
- ▶ **@Jeanne_Beker** Oh yeah...with a "trap door" in the back, right? Good luck!!



▶ @Jeanne_Beker Yay! Think I'll get my kids PJ's again this year too!!!

▶ @Jeanne_Beker: Decking the halls (and tree) with @joeyoneil + my cool son-in-law Keith! Eggnog anyone?? JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

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29







Fashionable finds for the late shopper





PAUL SMITH

wash bag \$195, paulsmith.co.uk

LEICA

D-Lux 5 Camera, \$799, leica-ca-





SANG A

Blink clutch, \$675,



www.Hummingbird Medi SPA.com



bobble hat

\$15, asos.com

ASOS

BY MARC JACOBS holiday pavé star earrings,



SHIRT SHUTTLE \$47, shirtshuttle.com ALEXANDER McQUEEN: SAVAGE BEAUTY

hardcover book, \$45,

amazon.com

MWN



UNDER boxer and Tee set, \$110, underwear.com

MALIN + GOETZ

mojito soap set \$30, malinandgoetz.com

No room? There's still a place for that tree

Think outside the decoration box Karl Lohnes invents new ways to add festive flair to the smallest of spaces

DESIGN CENTRE



KARL LOHNES HOME@ METRONEWS.CA

Question: I live in a really small space and have no room to add a Christmas tree. How can I add a festive look to my small condo that won't take up the floor space? Andrea Nichols, Vancouver

Answer: I suggest looking at ways to add fresh or artificial greenery to the walls or a door rather than taking up floor space.

First thing to do is inquire with your condo to see if fresh greens and trees are allowed (very often they are not), especially when electrical lights are being added.

Not only are they considered a fire hazard, but the cleaning of dried needles and removal of the tree after the holidays is often a concern.

Artificial greens are a great alternative; they look realistic, are fire-retardant and last from year to year.

Look for outdoor artificial greenery. Largerscaled wreaths and garlands can also help add a bigger impact.

Get creative

- If you have a balcony, decorate an artificial tree with tons of coloured lights and outdoor ornaments to view through the patio door while inside.
- Replace your living room table lamps with small pre-

lit and potted trees during the holidays. The soft light will add a warm glow to the

Fill an umbrella stand with tall dogwood branches and add mini lights. This can be a tall and contemporary alternative to the standard bulky tree.



Do up your door

Link three wreaths vertically on a door so they can be viewed from a common spot in your condo. Use over-door wreath hangers to hang the wreaths.

Arranging the smallest on top to largest on bottom will give you a traditional tree shape or stacking same-sized wreaths will add a contemporary flair.

Use battery operated mini lights to illuminate the wreaths to allow the door to swing open and closed.

For real fun, paint the door a shiny bright red colour or cover it in a big-scaled holiday wrapping paper.

Christmas in a corner Choose an artificial half or corner tree.

This will give you the look of a tree but without the bulk of a full one.

I suggest buying a four-six foot tree and standing it on a skirted decorator table to give it height and allow it to look super tall and majestic.

With only half or a quarter-sized tree to decorate, fill it with tons of ornaments that are all related by colour.

Some great colour combinations would be: brown and orange, lime green and gold or red and turquoise.





Festive reflections

Frame a large floor standing mirror with garlands, ornaments and lights.

To do this effectively, you have to go big with the gar-

lands. Buy about 50 feet of garland; this will allow you to double it up and give a lush presence around the large mirror (or even a doorway or mantel).





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7/14

Holiday decor 101: Don't create a hot festive mess

▶ Think separate colours, lots of candles and see-through glass
 ▶ Resist the urge to make everything red and green ▶ And say no to stripes

You love it when your house is decked out in its holiday finest, reflecting all the good cheer and festive spirit inside. At least, you love it until Dec. 26.

Then you can't stand to look at another candy cane plate.

Smart shopping means choosing items you can use year-round, experts say, then adding little touches and accents to change it up.

This way, you'll end up with items that are usable beyond the season, easily packed away or simply gone.

"With less discretionary income, you have to make your dollars go far, but you want to decorate for the holidays," says Patty Warwick, vice-president and general merchandise manager of home at Sears.

"What's evolving is a practicality."

At the home of Nicole Sforza, senior home editor at Real Simple, you'll find several clear-glass vases filled with candy, which she likes to separate by colour: green in one container, red in another. "You won't have leftovers. It will all be gone," she promises.

The same vases could have been used last month to hold her Thanksgiving centrepiece of clementines, and they'll hold flowers in the summer and coloured leaves in early fall.

Coloured candles, which are so easy (and inexpensive) to switch out depending on the occasion, add an inviting glow to the house, especially when it's dark and cold outside, says Ralph Snyder, design director of homes for Kohl's Department Stores.

He recommends clear glass hurricanes to hold the candles, while Sforza might lay an inexpensive mirror on the dining table and put pillar candles on top, surrounded by greenery for Christmas and confetti on New Year's Eve.

Snyder figures you can get year-round use out of one of this season's hottest



trends: a distressed, metallic material called mercury glass that's particularly popular for candleholders.

It has the shine you want for the holiday season, but it's not so gleaming and bright that it would look out of place on an everyday basis, he says.

Snyder suggests investing in the trend of bringing nature inside. That means natural fibres, grey pillows and linens, and blond wood — all of which are easily jazzed up with metallics, red or even more novelty motifs such as snowmen. (Red cardinals will last you longer through the winter

than reindeer or snowmen, he notes.)

"The bigger the piece, the more neutral it should be. The very seasonal items should be small and easy to store — like red napkins, although you could use those on Valentine's Day again," Snyder says.

Real Simples Sforza thinks white dinnerware is a wise buy because it complements any red-and-green or silver-and-gold themes you might have going on, and an all-white theme can be sophisticated. "It's very festive if you use it all across the board—and it's not cliché."

For that touch of "holiday," she'd go with red or gold (note that's not red AND gold) placemats for the pop of colour. They're easier to store than dishes or glasses.

Don't limit yourself to the dining room though, adds Sears' Warwick.

Guests always seem to work their way into the kitchen, where you can line up holiday-themed mugs for coffee or even allred dessert plates, she sug-

Just remember where you put everything for next year.

THE ASSOCIATED PRESS







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Building a fabric headboard

Headboards are lovely to have, but can be costly to buyWhy not be a fabric maverick and make one yourself?

DIY IDEAS

As the weather outside gets colder, it leaves more time for indoor projects.

With half a day's time, a drill, and a needle and thread you can turn a piece of plywood into a plush and professional fabric headboard.

This headboard project is taken from Run My Renovation, a show where homeowners allow a room in their home to be transformed according to an online voting process.

Hosts John DeSilvia and Joanie Dodds pull all the elements together to make an amazing room.

Mark and drill the plywood

Mark the centre point of your plywood and use a yardstick to draw a diagonal line across that point with a pencil.

Draw another diagonal line on the opposite side.

Continue the diagonal pattern, marking each point where two lines meet approximately 12 inches apart for the buttons.

Put on safety glasses and use a power drill with a medium bit to drill holes through the pencil-marked spots.

Arrange the fabric and batting

Choose your fabric of upholstery-weight and measure so it is at least six inches longer than the plywood on all sides.

Lay the fabric good side down on a sturdy work surface.

Cut the batting to the same size and lay it on top of the fabric.

Top those two layers with a same-size piece of thin batting foam. Centre your plywood evenly on top.

Attach the fabric

Pull the foam, batting and fabric snugly over each corner of the wood and staple it

Do the same to cover all the hard edges of the board.

Sew on the buttons

Select your buttons in a large size. Secure them to the board with a large needle and upholstery thread. ► A stylish headboard will frame your bed and improve the look of your bedroom.

Hang i

Hang the board equi-distant from the centre of the bed.

Use short screws so the board doesn't tilt out from the wall.

Use a level and anchor if you don't have a wall stud available.

You now have a homemade fabric headboard that can be tailored to any bedroom in your home!

RUN MY RENOVATION AIRS BACK-TO-BACK EPISODES SUNDAYS AT 9 P.M. ET/6 P.M. PT ON DIY NETWORK



SPECIAL INFORMATION FEATURE

Decadent **Delight**

Southern Tier Imperial Choklat Stout ideal for pairing with dessert



With a holiday schedule of getting together with friends and family to share quality time to eat and drink — and eat and drink some more — you can guarantee there will be chocolate, as it has become one of the world's most popular foods and flavours, and is ever present at all special occasions.

Chocolate dates back more than 4,000 years and its name may be derived from the ancient Mayans xocolatl, meaning "bitter water" since, in its natural state, the cacao bean has a strong bitter taste.

The white pulp that surrounds these beans would often be used as a source of sugar in the fermentation of these early alcoholic beverages, and, in fact, most early recordings of chocolate show it as a beverage. Filled with antioxidants and alkaloids, chocolate has been shown to increase serotonin levels, which are linked with feelings of happiness and contentment. What's not to love about it?

I decided to seek out some expert pairing advice "Filled with antioxidants and alkaloids, chocolate has been shown to increase serotonin levels, which are linked with feelings of happiness and contentment. What's not to love about it?"

with Truffle Treasures owner and respected chocolatier Lara Vaarre', who has garnered a well earned international reputation for her chocolates, truffles and gelatos. Her outstanding palate and unwavering commitment to only using the best ingredients have set her apart as one of the best anywhere.

Southern Tier Imperial Choklat Stout (LCBO 650 ml \$9.85) pours almost pitch black with a thin mocha tan head into a brandy snifter. Huge mouth-watering aromas of well roasted cacao beans with a Tootsie Roll candied sweetness (Vaarre noted a



Vidal grape sweetness here) greet the nose, while delicious dark roasted malts, nuts and sweet vanilla, caramel and cherry fruit notes are balanced by an amazingly rich deep dark chocolate bitterness and a slightly chalky and warm-

ing boozy mouth feel that ends with a superb dry finish.

With such pronounced flavours and a whopping 11 per cent alcohol by volume, Choklat is perfect for sharing with dessert. Vaarre recommends pairing with a raspberry crème brûlée or fresh blackberries, blueberries, raspberries and really ripe strawberries in a sabayon sauce. And the richness and creaminess of her spectacular 35 to 41 per cent milk artisan chocolates would also shine here.

What about Choklat Stout truffles? This is something that is definitely on MY wish list.

Truffle Treasures has two Ottawa locations — 769 Bank St. in the Glebe and 314 Richmond Rd. in Westboro.



metronews.ca
THURSDAY, DECEMBER 15, 2011



Madawaska is like a little slice of heaven



With a week to go until Christmas, my cheese pick this week, Madawaska, is the perfect gift for the hardcore cheese lover on your list.

Back Forty Artisan cheeses are all made from raw sheep's milk and hand-crafted in kitchen of owner James Keith, who refers to cheesemaking as "magic alchemy." Find his cheeses at select gourmet deli and fine food shops in Ottawa while they last (Murray Market, Serious Cheese or The Piggy Market). Don't forget a small slice for Santa to guarantee an extra checkmark beside your name on the "nice" list

Slice of info

Triple cream cheeses are soft-surface ripened cheeses that have cream added, giving them a longer shelf life, more solid texture, and higher fat content.

this year.

Madawaska is a little slice of heaven. Rich and luxurious, it reminds of a dense, beautiful piece of cheesecake in both appearance and texture.

The triple cream of sheep's milk cheeses, Madawaska is a semi-soft, surface-ripened raw ewe's milk cheese. With its thick, white, almost crustlike bloomy (fuzzy) rind, and creamy, dense, slightly open paste you will find mushroomy aromas and full, sweet, tangy, milky flavours linger nibble after nibble.

O VANESSA SIMMONS
FOR MORE. SEE SAVVYCOMPANY.CA

A big taste at Big Easy's



A larger than life Blues Brother beckoned us in for seafood at Big Easy's Seafood and Steakhouse the other day.

With high-energy jazz music spilling out onto the street and a colourful mural, it's hard to miss. The restaurant takes its cues from the New Orleans jazz clubs, but its dark interior is elegant in design.

Offering an easy lunch special at just \$10, we got distracted with the plethora of fresh fish and scallop options and ordered the fried oysters. The generous sized oysters were crisp in a light, cornmeal batter and served with a kick-filled Louisiana-style remoulade and beautifully plated on a small spring mix with purple flowers. Rather than the traditional served raw with a squeeze of lemon, we were delighted to try this delicious twist to the fine



▶ Try the savoury Blackened Catfish at Big Easy's served on a bed of sweet potato fries.

dining setting and probably would have eaten more than four.

The attentive server was highly apologetic after we initially ordered the fish of the day (cod) and informed us the chef's special had been changed to Blackened Catfish. (The menu states some items may not be available periodically

since Big Easy's strives for "the freshest fish.")

Being adventurous we weren't disappointed. The large fish fillet was itself mild, but juicy, baked in wonderfully complementary spices like cayenne, oregano and paprika, making it a savoury Cajun dish that delivered just the right level of spiciness.

If you still have room, the vanilla ice cream sundae topped with rich toffee sauce and candied praline pecans isn't really a dessert that should be argued with. Only one vegetarian option is offered.

Big Easy's Seafood and Steakhouse is located at 228 Preston St. For more, see bigeasys.ca.

Celebrate local bounty at farmers' market

Across Europe, holiday bounty is celebrated in Christmas markets. At long last, the Ottawa Farmers' Market is holding one this Sunday.

Just like in German markets, mulled cider and hot Danish doughnuts are snacked on by eager shoppers. You may be surprised to see some fresh produce for sale: Brussel sprouts, beets, cabbages, onions and squashes keep well in the winter, so you might as well pick up the last of the harvest.

It is primarily a food market, rather than craft sale, with most of the vendors from the Ottawa Valley.

ley.
Mathew Shapton of
Hall's Apple Market, a regular vendor during the summer, says, "It's been a great experience for us. People don't have to worry about the weather. We've had great crowds come through and it has nice holiday feel to it."

His family-run stand sells more than 20 varieties of pies, including traditional tortiere and apple raspberry crumble with fruits from their orchard.

Decadent candies from Curly's Cravings (like spicy chocolate almond brittle) can be packed up for thoughtful presents for the sweet tooth in your family

Pick up a pre-gift-wrapped bag of local heir-loom bean mix from a farmer for your ecoholic friend's famous chili recipe. Or why not buy the Christmas roast (venison, pork or even wild boar) directly from organic meat butchers?



Have yourself an appy Christmas

Danish dull shrimp cocktail in favour of something zestier: Caribbean Shrimp Skewers



Are you a little bored with the same old shrimp cocktail? This year, try something different.

Start with the same easy, pre-cooked shrimp, but this time toss them with a zesty Jamaican-style seasoning blend and skewer them with cubes of tangy mango and cool, crunchy cucumber. Add a touch of zippy pepper and nobody will suffer from yet-another-shrimp-cocktail syndrome.

Preparation:

- In bowl, stir garlic powder, allspice, cinnamon, nutmeg, ginger, thyme, cayenne, black pepper and salt. Pat shrimp dry, then toss in spice mix.
- On 10-cm (4-inch) skewers or picks, place a piece of pepper, then a piece of mango, a piece of cucumber and finally 3

Ingredients:

- . 5 ml (1 tsp) garlic powder
- 2 ml (1/2 tsp) allspice
- 1 ml (1/4 tsp) cinnamon
- 1 ml (1/4 tsp) nutmeg
- 2 ml (1/2 tsp) dry ginger
- 2 ml (1/2 tsp) dried thyme
- 1 ml (1/4 tsp) cayenne pepper
- 5 ml (1 tsp) black pepper
- 2 ml (1/2 tsp) salt
 285 g (10 oz) peeled and develoed cooked medium

shrimp

- 6 Peppadew peppers, quartered
- 2 mangoes, peeled, cubed
 1/2 English cucumber, cut
 in 1/2 moon slices

Spiced Shrimp. THE ASSOCI-ATED PRESS/ ADAPTED BY EMI-LY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF, FOR MORE,

Weekly Cookbook 750 Best Appetizers From right 5 suban for sportable 6 rhooten

One of the best parts of the festive season is appetizers to serve as friends gather. In that spirit, Toronto food writer Judith Finlayson and chef Jordan Wagman co-authored 750 Best Appetizers: From Dips and Salsas to Spreads and Shooters.

The book has 16 chapters built around specific types of dishes, such as dips, or specific ingredients like cheese.

Among the starters are: tahini dip, shrimp bisque, duck confit quesadilla, and others. WITH FILES FROM THE CP



FRENCH, ENGLISH as a SECOND LANGUAGE



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12 weeks (36 hours in class and 36 hours online)

FRENCH AS A SECOND LANGUAGE (10 LEVELS)

NEW! Level 9+ Advanced conversation workshop

January 10 to April 7, 2012

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Evenings: 6 pm to 9 pm

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(Immigrants, new Canadians, Refugees whose language is neither English nor French)

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www.educationpermanente.ca

Heavyweight contenders

• Elite defence, multi-tasking forwards named to Canadian junior men's hockey team

The Canadian team charged with reclaiming gold at the world junior hockey championship will be able to count on a big, deep defence, multi-purpose forwards and an experienced goaltender.

"We have real good balance," coach Don Hay said Wednesday of his 22-man squad. "When we tried to put the team together, we really looked at what we'd need if somebody went down with an injury. Could that players move up? Play on the power-play and kill penalties and things like that?

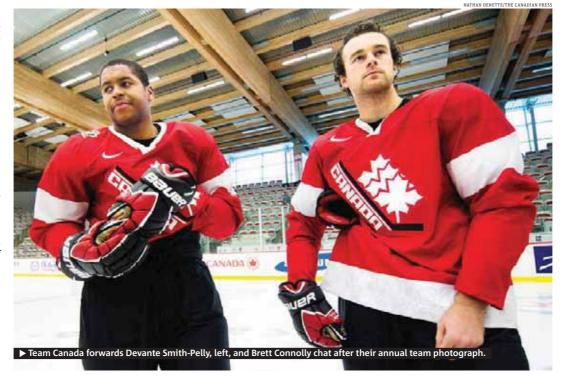
"We have a couple topend lines and a couple of hard-working third and fourth lines and we have players that can fill different roles and move into different positions."

The defence is big and skilled.

Led by Saginaw Spirit's Jamie Oleksiak (almost six foot seven and 244 pounds), the seven defencemen chosen average almost six foot three and 200 pounds. Five of them were taken in the first round of the NHL draft.

Up front, Canada profited when Devante Smith-Pelly of the Anaheim Ducks and Brett Connolly of the Tampa Bay Lightning were made available to the Canadian team.

Smith-Pelly, five foot 11 and 212 pounds, is projected to play the wing on Canada's top line and create space for his linemates.



"I think we'll be physical in a lot of different ways," said Hay, who coaches the WHL Vancouver Giants. "We have a lot of speed that will let us get to pucks quickly and then when we get the pucks we'll be physical on the puck. You have Smith-Pelly who will create a lot of physical play and I think guys will really follow him."

The 2012 world junior hockey championship opens Dec. 26 in Calgary and Edmonton. Canada

"I learned a lot from last year. ... It's something I used to motivate myself in the summer to get better, but right now it's a clean slate"

GOALIE MARK VISENTIN

will play its Pool B games in Edmonton. Pool A and medal-round games are in Calgary.

Mark Visentin, one of four Niagara IceDogs named to the Canadian team, will start in goal.

"Coming in, he's the No. 1 guy," Hay said. "I think you're always proving yourself and he knows that."

Scott Wedgewood of the Plymouth Whalers is the other goalie.

Visentin, Connolly, Quinton Howden of the Moose Jaw Warriors and Jaden Schwartz of Colorado College all played in the 2011 tournament.

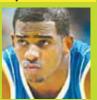
Canada had the gold medal in its grasp in Buffalo with a 3-0 lead heading into the third period. Russia scored five unanswered goals on Visentin in the third to take it away from them.

Freddie and Dougie Hamilton will be the first brothers to play for the Canadian team since Randy and Mike Moller 30 years ago. Freddie is 19 and Dougie is 18.

THE CANADIAN PRESS



Sports in brief



The Hornets have agreed in principle to deal Chris Paul to the Los Angeles Clippers for guard Eric Gordon, forward Al-Farouq Aminu, centre Chris Kaman and a first-round draft choice, people familiar with negotiations said.

ESPN, citing anonymous sources, first reported the trade, which also involves New Orleans sending two future secondround draft picks to the Clippers.
THE ASSOCIATED PRESS





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NATIONAL HOCKEY LEAGUE FASTERN CONFERENCE

LASTERN CONFERENCE												
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	29	19	7	2	1	106	82	41	8-4-1-1	11-3-1-0	8-2-0-0	W6
d-Boston	29	19	9	0	1	97	59	39	11-6-0-1	8-3-0-0	7-2-0-1	W2
d-Florida	31	16	9	2	4	84	80	38	6-2-1-4	10-7-1-0	4-3-2-1	L3
NY Rangers	27	17	6	1	3	83	60	38	8-2-0-2	9-4-1-1	7-2-0-1	W2
Pittsburgh	31	17	10	2	2	95	79	38	8-3-2-0	9-7-0-2	5-4-1-0	L1
Toronto	30	16	11	2	1	93	95	35	7-4-2-1	9-7-0-0	5-4-1-0	W1
New Jersey	30	16	13	0	1	79	86	33	6-5-0-1	10-8-0-0	5-5-0-0	W2
Buffalo	30	15	12	2	1	81	82	33	7-9-2-1	8-3-0-0	3-4-2-1	L2
Montreal	31	13	11	2	5	79	80	33	5-5-2-4	8-6-0-1	4-2-1-3	W2
Winnipeg	30	14	12	3	1	84	93	32	10-4-0-0	4-8-3-1	6-3-1-0	W1
Ottawa	31	14	13	2	2	94	107	32	7-6-0-1	7-7-2-1	4-4-1-1	W1
Washington	29	15	13	0	1	89	94	31	10-5-0-1	5-8-0-0	4-6-0-0	L1
Tampa Bay	30	12	16	0	2	79	101	26	7-5-0-0	5-11-0-2	3-7-0-0	L2
NY Islanders	28	9	13	4	2	65	93	24	6-7-3-0	3-6-1-2	4-3-2-1	L3
Carolina	32	9	18	3	2	80	110	23	5-9-0-2	4-9-3-0	1-7-1-1	L2
WESTERN CONFEDENCE												

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	31	20	8	2	1	80	66	43	10-4-1-0	10-4-1-1	7-3-0-0	L1
d-Chicago	30	18	8	1	3	99	92	40	9-2-0-3	9-6-1-0	6-3-0-1	W2
d-Dallas	29	17	11	0	1	74	78	35	9-4-0-1	8-7-0-0	6-3-0-1	W2
Detroit	29	19	9	1	0	93	63	39	12-2-1-0	7-7-0-0	8-2-0-0	W3
Vancouver	30	18	10	0	2	98	73	38	8-4-0-1	10-6-0-1	8-1-0-1	L1
St. Louis	29	17	9	0	3	71	62	37	11-3-0-1	6-6-0-2	7-2-0-1	W3
Nashville	30	15	11	3	1	79	80	34	6-5-2-1	9-6-1-0	5-5-0-0	W3
San Jose	28	15	10	2	1	78	68	33	8-6-1-0	7-4-1-1	3-5-1-1	L3
Phoenix	29	15	11	1	2	77	76	33	6-6-1-1	9-5-0-1	5-5-0-0	L2
Edmonton	30	14	13	0	3	83	80	31	9-5-0-2	5-8-0-1	4-5-0-1	L1
Calgary	30	14	14	1	1	74	82	30	8-5-1-1	6-9-0-0	6-3-0-1	L1
Los Angeles	30	13	13	2	2	65	70	30	8-9-0-1	5-4-2-1	3-6-1-0	L5
Colorado	31	14	16	1	0	82	94	29	8-9-0-0	6-7-1-0	5-5-0-0	W1
Columbus	30	9	17	1	3	73	100	22	6-8-1-1	3-9-0-2	4-4-1-1	W1
Anaheim	29	8	16	2	3	67	95	21	6-9-1-0	2-7-1-3	2-7-1-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Boston at Ottawa Chicago at Minnesota

Phoenix at Anaheim Tuesday's results

Toronto 2 Carolina 1 (OT) Ottawa 3 Buffalo 2 (OT) Winnipeg 2 Minnesota 1 Columbus 2 Vancouver 1 (SO) Nashville 2 Calgary 1 Colorado 4 San Jose 3 (SO) Dallas 1 N Y Rangers 0 Montreal 5 N.Y. Islanders 3 Boston 3 Los Angeles 0 Detroit 4 Pittsburgh 1 New Jersey 3 Florida 2 (SO)

Philadelphia 5 Washington 1

Tonight's games

Dallas at N.Y. Islanders, 7 p.m. Vancouver at Carolina, 7 p.m. Los Angeles at Columbus, 7 p.m. Philadelphia at Montreal, 7:30 p.m. Calgary at Tampa Bay, 7:30 p.m. N.Y. Rangers at St. Louis, 8 p.m. Detroit at Nashville, 8 p.m. Washington at Winnipeg, 8:30 p.m Edmonton at Phoenix, 9 p.m. Colorado at San Jose, 10:30 p.m

Tomorrow's games

Dallas at New Jersey, 7 n.m. Toronto at Buffalo, 7:30 p.m. Pittsburgh at Ottawa, 7:30 p.m. Calgary at Florida, 7:30 p.m. Anaheim at Chicago, 8:30 p.m.

TUESDAY

JETS 2, WILD 1

First Period

No Scoring

Penalties — Latendresse Minn (interference) 14:23, Byfuglien Wpg (roughing) 18:52, Brodziak Minn (boarding) 19:33.

Second Period

1. Minnesota, Latendresse 5 (Koivu, Heatley) 4:39 (pp)

2. Winnipeg, Bogosian 1, 8:37 Penalties — Thorburn Wpg (interference) 2:49, Glass Wpg (tripping) 4:11, Stoner Minn, Glass Wpg (fighting) 10:19, Schultz Minn

(tripping) 18:52 Third Period

3. Winnipeg, Little (Byfuglien, Wheeler) 15:00

Penalties — Stoner Minn (delay of game) 13:00, Bogosian Wpg (boarding, game miscon-

duct) 18:54 Shots on goal

Minnesota 7 15 13 -35 10 9 8 Winninea -27 Goal — Minnesota: Backstrom (L,11-6-2), Winnipeg: Pavelec (W, 11-10-4)

Power plays (goals-chances) - Minnesota: 1-4: Winnipeg: 0-4.

GREY GOOSE

Referees — Chris Rooney, Justin St. Pierre. Linesmen - Brad Lazarowich, Don Henderson Attendance— 15,004 (15,004) at Winnipeg.

NFL

SCORING LEADERS

Lupul, Tor D.Sedin, Vcr Stamkos, TB

Versteeg, Fla H.Sedin, Vcr

Toews, Chi

Sharp, Chi

Ma.Hossa, Chi

Datsvuk, Det

Spezza, Ott

Franzen, Det Vanek, Buf Malkin, Pgh

Selanne, Ana

M.Koivu, Minn Seguin, Bos Smyth, Edm

Karlsson, Ott Michalek, Ott

Gaborik, NYR

Vrbata, Phx

B.Richards, NYR Elias, NJ

Ra.Whitney, Phy

Filppula, Det

Plekanec Mtl

E.Kane, Wpg

Perry, Ana

Skinner, Car

Tavares, NYI

J.Thornton, SJ Parenteau, NYI B.Campbell, Fla

Moulson, NYI

C.Smith, Nash

Henrique, NJ Prospal, Clb Pavelski, SJ

Marchand, Bos

Pacioretty, Mtl

Eriksson, Dal Dupuis, Pgh St. Louis, TB Getzlaf, Ana

O'Reilly, Col

Couture, SJ

Duchene, Col

Lecavalier, TB Marleau, SJ Heatley, Minn Kovalchuk, NJ

Ovechkin, Wash

O.Jokinen, Cal

tı n. Wpg

Bytuglien, wpg Last night's games not inc

Iginla, Cal

Nash, Clb

Kesler, Vc

P.Bergeron, Bos

M.Bergeron, TB Callahan, NYR

Lucic, Bos

Parise, NJ

Briere, Pha

Benn, Dal

Jagr, Pha

Kopitar, LA Hartnell, Pha

Neal, Pah

Backstrom, Wash Eberle, Edm Weiss, Fla P.Kane, Chi Fleischmann, Fla

Nugent-Hopkins, Edm Pominville, Buf

16 18 23 18

12

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17

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13

14 15 21 21

AMERICAN CONFERENCE

	W	L	Т	Pct	PF	PΑ
New England	10	3	0	.769	396	274
N.Y. Jets	8	5	0	.615	327	270
Buffalo	5	8	0	.385	288	341
Miami	4	9	0	.308	256	246
SOUTH						
	W	L	Т	Pct	PF	PΑ
y-Houston	10	3	0	.769	330	208
Tennessee	7	6	0	.538	266	251
Jacksonville	4	9	0	.308	193	252
Indianapolis	0	13	0	.000	184	382
NORTH						
	W	L	Т	Pct	PF	PA
Baltimore	10	3	0	.769	320	202
Pittsburgh	10	3	0	.769	282	198
Cincinnati	7	6	0	.538	285	270
Cleveland	4	9	0	.308	178	254
WEST						
	W	L	Т	Pct	PF	PΑ
Denver	8	5	0	.615	269	302
Oakland	7	6	0	.538	290	354
San Diego	6	7	0	.462	324	299
Kansas City	5	8	0	.385	173	305
NATIONAL	. CO	NF	ERE	NCE		
EAST						
	W	L	Т	Pct	PF	PΑ

EAST						
	W	L	Т	Pct	PF	PA
N.Y. Giants	7	6	0	.538	324	349
Dallas	7	6	0	.538	317	281
Philadelphia	5	8	0	.385	297	292
Washington	4	9	0	.308	229	290
SOUTH						
	W	L	Т	Pct	PF	PΑ
x-New Orleans	10	3	0	.769	415	286
Atlanta	8	5	0	.615	300	267

Carolina	4	9	0	.308	313	355
Tampa Bay	4	9	0	.308	232	370
NORTH						
	W	L	Т	Pct	PF	PA
y-Green Bay	13	0	0	1.000	466	278
Detroit	8	5	0	.615	367	305
Chicago	7	6	0	.538	301	255
Minnesota	2	11	0	.154	274	364

VVESI						
	W	L	Т	Pct	PF	PA
-San Francisco	10	3	0	.769	307	182
Seattle	6	7	0	.462	246	259
Arizona	6	7	0	.462	253	288
St. Louis	2	11	0	.154	153	326

x-clinched playoff spot: v-clinched division

WEEK 15 Tonight's game

All times Eastern

ville at Atlanta, 8:20 p.m. Saturday's game Dallas at Tampa Bay, 8:20 p.m.

Sunday's games
New Orleans at Minnesota, 1 p.m. Seattle at Chicago, 1 p.m. Cincinnati at St. Louis, 1 p.m. Carolina at Houston, 1 p.m. Green Bay at Kansas City, 1 p.m. Tennessee at Indianapolis, 1 p.m. Miami at Buffalo, 1 p.m. Washington at N.Y. Giants, 1 p.m. Detroit at Oakland, 4:05 p.m New England at Denver, 4:15 p.m.

N.Y. Jets at Philadelphia, 4:15 p.m. Baltimore at San Diego, 8:20 p.m. Monday's game Pittsburgh at San Francisco, 8:30 p.m

Cleveland at Arizona, 4:15 p.m.

GOLF

DUBAI LADIES MASTERS

At Dubai, United Arab Emirates

First Round Lotta Wahlin 30-36-66 Becky Brewerto 33-34-67 Minea Blomovist 34-34-68

Willied Diviliquist	J4-J4-00
Julieta Granada	33-35-68
Stacy Lee Bregman	35-33-68
Linda Wessberg	34-34-68
Jaclyn Sweeney	33-36-69
Lee-Anne Pace	35-34-69
Elizabeth Bennett	32-37-69
Christel Boeljon	33-36-69
Tandi Cuningham	32-37-69
Julie Maisongrosse	33-36-69
Diana Luna	32-37-69
Maria Verchenova	34-35-69
Beth Allen	33-36-69
Liebelei Lawrence	37-33-70
Margherita Rigon	35-35-70
Becky Morgan	37-33-70
Sophie Giguel-Bettan	35-35-70
Stacey Keating	35-35-70
Alexis Thompson	35-35-70
Alison Walshe	33-37-70
Karen Lunn	35-35-70
Charlie Douglass	32-38-70
Elisabeth Esterl	36-34-70
Cassandra Kirkland	34-36-70
Caroline Afonso	36-34-70
Caroline Westrup	34-36-70
Lynnette Brooky	36-35-71
Carlota Ciganda	34-37-71
Kaisa Ruuttila	36-35-71
Louise Larsson	37-34-71
Sara Brown	34-37-71
Sophie Gustafson	34-37-71
Rachel Jennings	37-34-71

Also Michelle Wie 37-36-73 Laura Davies 37-38-75 Anna Nordavist 37-38-75

SOCCER

FIFA CLUB WORLD CUP

At Toyota, Japan SEMIFINAL

Santos (Brazil) 3 Kashiwa Revsol (Japan) 1 FIFTH PLACE Monterrey (Mexico) 3 Esperance (Tunisia) 2

EUROPA LEAGUE

Yesterday's results

Group D

FC Zurich (Switzerland) 2 Vaslui (Romania) 0 Lazio (Italy) 2 Sporting Lisbon (Portugal) 0 Group E

Besiktas (Turkey) 3 Stoke City (England) 1 Dynamo Kyiv (Ukr.) 3 Maccabi Tel Aviv (Isr.) 3 Group F

Paris St-Germain (Fra.) 4 Athletic Bilbao (Spn.) 2

tria) 3

Maccabi Haifa (Israel) 0 Schalke (Germany) 3 Steaua Bucharest (Rom.) 3 AEK Larnaca (Cyp.) 1 Group K

Fulham (England) 2 Odense (Denmark) 2 Wisla Krakow (Poland) 2 Twente (Neth.) 1 Group L

Anderlecht (Blg.) 5 Lokomotiv Moscow (Rus.) 3 Sturm Graz (Austria) 1 AEK Athens (Greece) 3

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

BALTIMORE ORIOLES—Agreed to terms with LHP Tsuyoshi Wada on a two-year contract. K.C. ROYALS—Released RHP Mario Santiago.

NATIONAL LEAGUE

ARIZONA DIAMONDRACKS—Agreed to terms with RHP Takashi Saito on a 1-year contract.
COLORADO ROCKIES—Named Dave Hajek infield co-ordinator; Kevin Riggs hitting coach for Tulsa (Texas); Jon Stone hitting coach for Modesto (Cal); Mike Devereaux hitting coach for Asheville (SAL) and Drew Saylor hitting coach for Grand Junction (Pioneer). HOUSTON ASTROS—Acquired INF Jed Lowrie & RHP Kyle Weiland from Boston for RHP Mark Melancon Designated INF Brian Rixler for assignment MILWAUKEE BREWERS—Agreed to terms with 3B Aramis Ramirez on a 3-year contract. ST. LOUIS CARDINALS-Agreed to terms with SS Rafael Furcal on a two-year contract.

BASKETBALL

DALLAS MAVERICKS—Signed G Jerome Randle, LOS ANGELES LAKERS—Signed F. Josh McRoberts to a two-year contract.
MEMPHIS GRIZZLIES—Signed C Marc Gasol. MIAMI HEAT—Waived G Cameron Jones.
MINNESOTA TIMBERWOLVES—Signed G J.J. Barea to a four-year contract.

FOOTBALL

FDMONTON FSKIMOS-Re-signed FR Mathieu Bertrand to a two-year contract.

NFI

DALLAS COWBOYS-Placed QB Jon Kitna on injured reserve. Signed WR Dwayne Harris from the practice squad. Signed QB Chris Greisen to the practice squad. NEW ENGLAND PATRIOTS—Signed S Sterling

Moore to practice squad.
HOUSTON TEXANS—Announced defensive
co-ordinator Wade Phillips took medical leave. SAN FRANCISCO 49FRS—Signed LR Michael Wilhoite to the practice squad. Released RB Ian Johnson from the practice squad.

HOCKEY

CAROLINA HURRICANES—Recalled G. Justin Peters from Charlotte (AHL). Reassigned G Mike Murphy to Charlotte. MONTREAL CANADIENS—Recalled RW

Michael Blunden from Hamilton (AHL).
NEW YORK RANGERS—Recalled D Tim Erixon from Connecticut (AHL). TAMPA BAY LIGHTNING—Sent D Evan Oberg to Norfolk (AHL). Reassigned D Charles

Landry from Norfolk to Florida (ECHL). WINNIPEG JETS—Reassigned D Arturs Kulda to the St. John's (AHL).

SOCCER

MLS

PORTLAND TIMBERS—Named Mike Toshack goalkeeper coach.



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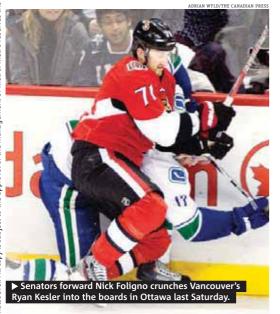
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Foligno adds offence, still offends the opposition



THE HOCKEY **NEWS**

MURRAY PAM OTTAWA@METRONEWS CA



Just like old K-Tel records, the hits keep on coming for Nick Foligno.

A few weeks ago, the hard-working left-winger became the centre of attention league-wide after scuffling with Sidney Crosby. This past Saturday, he became public enemy No. 1 in Vancouver after laying bone-crushing hits on Canucks Cody Hodgson and Ryan Kesler.

After four seasons of struggling for consistency, shuttling between the second and third lines, Foligno is finally living up to the expectations created when he was drafted 28th overall in 2006. Thirty-one games into the current campaign, the 24-year-old is combining gritty play with offensive prowess, something that was sorely lacking early in his career.

Originally not known as a banger, Foligno leads the Senators in hits with 87. A commendable work ethic and ability to successfully win battles along the boards have also become hallmarks.

"It's part of my game," said Foligno. "I am not a dangler or anything like that. When I am not doing that, I am not at my best.

six-foot. The pounder may not see himself as skilled player, but his one-handed finishing move, a la Peter Forsberg last week versus the Capitals, is first-rate highlight reel material.

During a recent stretch, Foligno displayed his versatility. When linemate Stephane Da Costa was demoted to AHL Binghamton, Foligno was shifted to centre, a position he played sparingly since his junior career with the OHL's Sudbury Wolves. Slotted between Milan Michalek and Daniel Alfredsson, his game surged, as he tallied nine points in 10 games.

Foligno has shifted back to his familiar leftwing since the return of centre Peter Regin a couple of games ago, however he will continue to take draws until Regin's left shoulder is fully healed.

With 10 goals, 19 points and 37 penalty minutes, the Sudbury native is on pace to easily eclipse season highs in all categories.

He's also forging his own identity. The son of former NHL star Mike Foligno, Nick doesn't have his dad's offensive flair, but doesn't need to in order to be successful. The sweat and inspiration he brings during his 15 minutes of ice time each game are highly valuable.

We'll see in the coming months just how high that value is. A pending restricted free agent who earns \$1.2 million this season, the Sens have to decide whether to pay Foligno like a chart-topper or a K-Tel one-hit wonder.

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PERSONALS

Missed Connections

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Crossword

0.000
Across
1 Call a halt to
5 Moreover
8 Spare tire
12 Lima's land
13 Island souvenir
14 Anger
15 Right on the map
16 Energy
17 It takes the cake
18 Squat down
20 Lounge around
22 Steinway accesso
26 Winter warmer
29 Ostrich's cousin
30 Payable
31 Crazy one
32 Gabor or Mende
33 Frau's mate
34 Submachine gun
35 Chopping tool
36 Heart line?
37 Weightlifting ma

41 Meager 45 Met melody 47 Chances, for short 5 Greek leader? 49 Midday 6 Born 50 Covers

51 A Gershwin 52 Fragrant oil source

neuver 40 Brat's stocking

stuffer

53 Versifier 54 Plaything 55 — and crafts

Down 1 Detail, for short

3 Approximately

2 Rip 4 Taken advantage of

17 16 15 18 20 22 23 24 25 27 29 26 31 32 33 34 35 36 37 38 39 40 42 43 45 47 48 49 50 51 52 53 54 55

7 Sheepskin 8 Reached 32 degrees, maybe

9 Light purple shade 10 Time of your life? 11 Quarterback Roethlisberger

19 Spy novel org. 21 — Dhabi 23 When pigs fly

24 Rudely brief 25 Zeus' consort

26 Organization 27 Leak slowly

28 Agree

32 Use

33 Cry of acclamation

35 "Eureka!" 36 Cleo's slayer 38 Move on momen-

tum 39 English homework, maybe

42 Lion's call 43 Type 44 Tackles' team-

mates 45 Height for Heidi 46 Carnival city

48 Expert

Sudoku

			_		_		
3			9	4			1
	1		2	3		6	
		6			9		
		3	6	8	5		
2							6
		1	4	7	8		
		2			3		
	4		1	6		9	
9			5	2			7
			-		-		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a	KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Nice face! You're really sweet! That's all I really need to say. My social awkwardness may keep me from asking you out for a while, but you're just too darn pretty to worry about that. WEEKDAYGROWLERFILLER

Youmattie. You are a dream I do not wish to wake. But if I must wake, let me wake with a Kiss. TERENCE

My wonderful Prince Charming, you are my unique and true love! You are my endless love! You are my destiny! I believe that fate has brought us together til the end of time! You are a gift from heaven! and today is my b-day.. I am blessed and lucky to be loved by you! Thank you for loving me so much, for your support and in believing and trusting in me... I love vou so much.

C.L. FOREVER YOUR PRINCESS

Today



Friday 2º/-10° Rain or snow

9 2 8 5

6 3 9 2 8

7 4 9 1 2 3

3 6 8

3

6 5 4

8 9 2

4 2 5 7 1

7 8 1 4 6 3 2 9

Know what the weather will be 14 days from now.

TWN incorporates MSC data

Today's horoscope

T Aries March 21-April 20 So many things are going right for you now that it's like you have a guardian angel watching over you. **Taurus** April 21-May 21 An investment you made a long time ago may pay off today.

II **Gemini** May 22-June 21

Make the effort to remind the people who mean the most to you how much you care for them. Gancer June 22-July 22 Take

care with your thoughts today, because what you focus on will very soon become your reality. Think only happy thoughts.

Ω Leo July 23-Aug. 23 Cosmic activity in your fellow Fire sign of Sagittarius makes it easy for you to persuade friends and rivals to give you what you need.

W Virgo Aug. 24- Sept. 22 If

you're not careful, you could find yourself swept away on a tide of other people's negative feelings. ← Libra Sept. 23-Oct. 23 You will say something outrageous today and you will be applauded for it. M Scorpio Oct. 24-Nov. 22 If someone says you need to prove your friendship by spending money, you're being take on ride.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

➤ Yesterday's answer

₹ Sagittarius Nov. 23-Dec. 21 Whatever target it is you are aiming at, you will hit it with ease.

V Capricorn Dec. 22-Jan. 20 You know instinctively that what someone is telling you is a lie. Just turn your back and walk away.

Aquarius Jan. 21-Feb. 18 This is a great day for reaching out to people you have not seen in a while. Renew those old friendships. H Pisces Feb. 19-March 20.

You'll get the opportunity to make a powerful friend today. Don't try to be modest about your talents SALLY BROMPTON





Write a funny caption for the image above and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.

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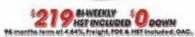




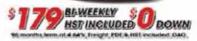
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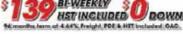
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58mpg*

155 hp

148 11